



ULTRASOUND IN SPORTS INJURIES AND TUMORS

Dear ESSR members, colleagues and friends,

ESSR Ultrasound Workshop has traditionally been organized during the ESSR Annual Meeting attracting numerous delegates, Radiologists and non-Radiologists, Radiographers and students. It offers excellence in Ultrasound Education by highly skilled and reputed Musculoskeletal Ultrasound (MSK US) Radiologists.

Based on this year's topic "Sports and Tumors" the one-day study, initially designed for ESSR 2020 in Stockholm, goes virtual on Saturday, September 26th 2020. All that is needed, in order to be part of this virtual experience, is an electronic device and internet connection.

As originally planned, the program is divided in three main sections:

First, **"Anatomy Demos"**: video demonstrations of MSK US experts performing the examination, offering tips and tricks on the examination protocol while the US scan produced is presented simultaneously.

Second, **"Video Demos"**: demonstrations of US scans on important MSK Pathologies and Interventional Procedures.

Third, **"Rapid Fire"**: lectures focusing on pearls of US pathology in Sports Injuries and Soft-Tissue Tumors Diagnosis and Treatment.

This virtual workshop can serve as a wonderful educational tool in everyday clinical practice. Although hands-on sessions cannot be offered virtually, distinguished MSK US Radiologists will share their expertise both by virtual lectures and by answering questions during five Q&A sessions.

It is with great pleasure that I announce the preliminary program of this one-day study on MSK Ultrasound with the participation of distinguished international faculty. I encourage everyone who is interested in MSK Ultrasound, either at a beginner or advanced level, to take advantage of this opportunity, attend and interact during this virtual event on Saturday, September 26th 2020.

Yours sincerely,

Athena Plagou

ESSR Ultrasound Subcommittee Chairperson





10:00-10:10

Introduction

A. Plagou, Athens/GR

10:10-11:20

Anatomy Demos 1

Moderators: A. Plagou, Athens/GR; A. Vieira, Porto/PT

10:10 Groin, anterior thigh
E. McNally, Oxford/UK
Z. Snoj, Ljubljana/SI

10:35 Hamstrings
A. Grainger, Leeds/UK
P. O'Connor, Leeds/UK

11:00 Q&A

11:20-12:25

Anatomy Demos 2

Moderators: E. McNally, Oxford/UK; J. Teh, Oxford/UK

11:20 Calf and achilles
V. Chianca, Naples/IT
L. Sconfienza, Milan/IT

11:40 Ankle and midfoot ligaments
C. Martinoli, Genoa/IT
F. Zaottini, Genoa/IT

12:05 Q&A

12:25 Break

13:00-14:20

Video Demos

Moderators: R. Mansour, Oxford/UK; M. Reijnierse, Leiden/NL

13:00 Hernias and snapping hip
J. Jacobson, Ann Arbor/US

13:15 Tendon subluxation (peroneals, ECU)
M. Zappia, Naples/IT

13:30 Nerve injuries
R. Picasso, Genoa/IT

13:45 US-guided procedures in tendinopathy: How to perform
D. Orlandi, Genoa/IT

14:00 Q&A

14:20 Break

14:40-15:40

Rapid Fire Lectures 1

Moderators: M. Adriaensen, Heerlen/NL; C. Messina, Milan/IT

14:40 US assessment of tendinopathy
M. Reijnierse, Leiden/NL

14:50 US assessment of muscle injury
A. Talaska, Vienna/AT

15:00 Muscle injury follow-up and complications
E. Drakonaki, Heraklion/GR

15:10 Skier's thumb
C. McCarthy, Oxford/UK

15:20 Q&A

15:40 Break

16:00-17:00

Rapid Fire Lectures 2

Moderators: D. Albano, Milan/IT; E. Vassalou, Heraklion/GR

16:00 Ankle sprains
R. Moutinho, Albufeira/PT

16:10 Red flags – what else should we look for in the context of injury?
S. Rutkauskas, Kaunas/LT

16:20 Using ultrasound as a triage tool for soft tissue tumour assessment
P. Robinson, Leeds/UK

16:30 Ultrasound biopsy technique in soft tissue tumours – DOs and DONT'S
R. Lalam, Oswestry/UK

16:40 Q&A

17:00 Closing remarks